## KNOWLEDGE QUEST ACADEMY

## A NOTE FROM MRS. SPREITZER

Wow! It is so hard to believe that it is November already! We have had a great first quarter and are well on our way to a super second quarter. We had an absolutely amazing day last week as we celebrated ROCKTOBER and KQA rocking kindness! Dinger, the mascot of the Colorado Rockies, was our special guest and we had the Rockies 'Make an Impact' presentation for our k-5 students. Dinger also played a great kickball game with our middle school students! Thank you to the Rockies for a great day!
Please be sure to join us as we honor our Veterans on November 11 at 1:00 pm in the gym. Join us on this special day as we pay tribute to those who served in our military and demonstrate our pillar of Love of Country.

A couple of quick items for this month:

- In the front circle driveway, please remember that students are to exit the right side of the vehicle onto the sidewalk only. Parents who need to assist their students in getting out of the car should park their cars so that drop off does not get backed up. Thank you for your help with this.
- Our fantastic PTO is having a wreath fundraiser! Please see the information below or your check your email/Dojo for the link to order.
- If the weather outside is $20^{\circ} \mathrm{F}$ or higher, classes will be heading outdoors, warm coats are required.
- Starting July 1, 2019, every family in the Weld RE-5J district including KQA families need to complete an update of household information through the Parent Portal of Infinite Campus. For those that have completed it, thank you! for those that haven't completed the update, please go to Infinite Campus via this link. From the menu on the left hand side select "More" and then "Required Household Update". Select "Click here to go to Existing Student Registration" even though the site says "registration". This is the correct location for the update. If you do not have a log in please stop by the office for assistance.


## KEY DATES

11/1; No School
11/6; Board Meeting 6:00 pm
11/11; Veterans Day Assembly 1:00 PTO Meeting 2:45 pm
11/25-11/29; Fall Break; No School
12/5; Board Meeting 6:30 pm
12/6; Movie Night

12/9; Band/Orchestra/Show Choir Concert 6:30 pm
12/10; 1st/2nd Grade Concert 1:50/6:30 pm
12/11; 5th Grade Concert 1:50/6:30 pm

12/12; 3rd/4th /Grade Concert 1:50/6:30 pm

## KQA PTO FUNDRAISER - HOLIDAY WREATH SALE



Hey everyone! This year the PTO has decided to put together an amazing fundraiser for KQA that you and your family can admire throughout the entire holiday season.
We will be selling these gorgeous Mixed Greens Holiday Wreaths to help raise funds for our school. They are available in 3 different sizes to fit everyone's decor.

They will be available for purchase starting Friday October 25th and the cut off for orders will be Saturday, November 9th. Your wreaths will be available for pick up at the school the first week of December! (Keep an eye out for that email).

All proceeds will go directly to the school!
You can order with a credit or debit card via the Order Online Now link or submit the Cash/Check Form online and send your check or cash in an envelope to the main office Please make checks payable to KQA PTO.

## Order Online Now (credit/debit)

## Cash or check Form

Thank you so much for supporting our school while dressing up your doors this holiday season!
*Please note that the wreaths will need to be picked up from the school and can not be sent home on buses.

## KINDERGARTEN

Kinders are having a blast learning new things every day!

## Literacy

We are learning about nouns, verbs, and about phonemic blending.

## Writing

We are learning proper
sentence structure.

## Math

We are grouping and will begin simple addition soon.

## Science

We are learning about germs.

## Social Studies

We are learning about Native
American Indians.

## FIRST GRADE

We hope you all had a safe and spooky Halloween! November will find us going on our first field trip, learning to live like the pilgrims, being thankful for all the wonderful aspects of our lives.

## Literacy

Our content for Unit 2 will be focused on community.

## Writing

This month, during our writing time, we will be working on our fantasy pieces.

## Math

We will continue to work on solving for missing addends in both addition and subtraction problems, as told through story problems.
Science
We will be exploring the main systems in the human body.

## Social Studies

We are taking a journey
through time, as we look at the founding of our country, from the English settlers to the American Revolution.

## SECOND GRADE

Wow! October was a whirlwind of fun and learning! We had a spectacular Asian Culture Day. The students got to play games, try Asian candy and tea, make origami, and paint their name with calligraphy. We also had our first field trip to Fritzler's Corn Maze and Pumpkin Patch followed by a Pumpkin Science Day and Fall Party. Thank you for all your support and contributions to these activities.

## Literacy

Live and Learn
Focus Skills: Narrative
Nonfiction and Expository
Texts

## Writing

Friendly Letters and
Quotations

## Math

Addition within 100

## SocialStudies

Westward Expansion, War of 1812
"Education is the most powerful weapon you can use to change the world."

- Nelson Mandela


## THIRD GRADE

It's hard to believe we are in the second quarter already!

## Literacy

We have been learning about our rights to Vote and about immigrants to America. We were also able to read some fun stories about a Wolf that learns to read and a man that made train travel safer. Mrs. Johnson's class is almost finished reading the BFG for our class read aloud.

## Writing

We have completed our
Veterans Day essays.

## Math

Third graders are flying through our multiplication tables by using the REFLEX app. Our goal is for each student to be at 100\% by winter break.

## Science

We enjoyed making ghosts dance and aluminum cans move without touching them! We will begin a unit on electricity and magnetism.

## Social Studies

We are finishing up our Native
American unit. We learned much about the people who were on our continent before many of our ancestors arrived.

## FOURTH GRADE

Remember, students can correct assignments which receive a mark of $70 \%$ or lower for partial credit. Corrections need to be completed and turned in within the week of receiving them back.

## Literacy

We continue to learn about text features, comparing and contrasting, and cause and effect with expository texts. Our fiction is helping us learn parts of a story.

## Writing

Look for longer writing pieces second quarter. Essays are an important way for us to express ourselves in writing.

## Math

We are finishing up Unit 2Multiplication. Unit 3 is all about "LONG" division.

## Science

Our visiting science teacher came and we learned about centripetal force.

## Social Studies

Our unit on Colorado's first people is helping us understand who lived where in Colorado up to 15,000 years ago. Did you know that there were Paleo Indians very near Milliken?

## FIFTH GRADE

Like that... First quarter is gone. The fifth grad is striving to keep the momentum for second quarter strong and positive.

## Literacy

We are starting our second unit in Wonders that include some non-fiction texts, as well as the folktale stories.

## Writing

Our focus is on writing five well thought out paragraphs in different styles of writing. This last week, we took on some opinion writing.

## Math

We are doing some work with multiplying and dividing of fractions. Simplify before you multiply, and skip, flip, and multiply is some of the math language we use to help remember.

## Science

We are having a blast with "hands on" learning with chemical changes and mixtures. We made miniature stepping stones out of various materials to illustrate these changes that we see occur in science.

## Social Studies

We are still chugging away on early people of the Americas. We will be diving into different Native American Tribes that occupied the country. We will be covering much of the culture and creating presentations to fully understand the culture.

## MIDDLE SCHOOL

## Middle School Fall Festival

The middle school fall festival will be held on November 8th from 5 to 7 p.m. This event is for middle school students only. There will be a dance, carnival games, and concessions. We will also have a cakewalk for a chance to win cakes, cupcakes and other baked goods! Please feel free to come in casual wear especially if it is country-themed appare!! The proceeds from this event will go towards the middle school shout out store.

## Costs

Admission-\$1
Games - $\$ .25$ each or 5 for $\$ 1$
Hot Dogs and Nachos - $\$ 1.50$
Drinks - $\$ .75$ to $\$ 1$
Candy and other smaller snacks - $\$ 1$ and lower


## LEGO ROBOTICS

Cheering on our two FIRST LEGO League Competitive Robotics Teams!

Best wishes to the Homeless Heroes and the Joy Droids as they go to their competition on Saturday, November 9 from 8 a.m. to 4 pm at Liberty High School in Fort Collins.

The Homeless Heroes, Devon Allen, Jazlin Bean, Preston Wiant, Anderson Petsas, Caven Alexander, Jessical Balderson, Jack Woodson, and Kaleb Garcia, are coached by Sherry Zorack and Kaye Petsas. The Joy Droids, Sophia Nietert, Keith Nietert, Bryan Falasco, Cadence Richburg, and Emerson Richburg, are coached by Debra Falasco and Diane Odbert.

## Shout Outs

The middle school teachers are excited about our Student Shout Outs. Students can earn shout outs for extra class participation, acts of kindness, helping a teacher etc. These work as money at our Student Leadership concessions and can be used to buy candy, drinks, snacks and prizes. If you would like to donate gift items or money to help support our student shout outs, please contact jennifer.cherico@weldre5j.org.

Trailblazer Boy's Basketball
Nov 4th Ridgeview @ KQA
Nov 7th KQA @ Loveland Classical Nov 11th BYE
Nov 15th St. John @ KQA
Nov. 18th New Vision @ KQA
Nov. 21st KQA @ Heritage
Nov.25th KQA @ Immanuel (B team only)
Dec. 2nd Union Colony @ KQA
Dec. 5th KQA @ St. Joes
$-B$ team plays at $4 p$ and $A$ team plays at 5 pm

- B team please arrive at away games at $3: 40 \mathrm{pm}$ and $A$ team at $4: 30 \mathrm{pm}$.
Please do not enter our opponent's gym until $3: 30$ pm.
- Playoffs as of now, are December 9 th, 11th, and the 13th.
The games start at 4 pm and the finals start at 5 pm .


## NEWS FROM OUR SPECIALS...

# Mr. Stoody's Physical Education Class 

It's hard to believe we're getting into the holiday season already! November will be a short but busy month in PE for all grade levels.
Middle school will be working on their badminton unit.
Grades 1-5 will be working with jump ropes and scoops.
Our kindergartners will continue to be busy with loco-motor skills (galloping, side sliding, skipping) as well as underhand tossing, volleying with balloons, and perhaps even a little dribbling with their feet.

A lot of elementary students have been arriving to PE with Inappropriate footwear.
Without proper footwear, risk of injuries increases.
Appropriate footwear would include running , basketball, cross trainers, and tennis shoes. Skateboarding shoes are less ideal, but would also be safe and acceptable. Please make sure you know when your little one has PE and send them to school with appropriate footwear on those days. It's all about their safety and well being.

## Mrs. Dermer's Art Class

In the art room, we are very busy learning about famous artists, art movements, and cultures around the world that celebrate art.
Kindergarten is working on a drawing alphabet book that helps our young artists learn to tell a story with their art.
1st grade is finishing a jazz music collage inspired by Romare Bearden and will start their Van Gogh unit after that.
2nd grade is working on abstract art and will discuss

Pablo Picasso's portrait paintings.
3rd grade is going to start their American Indian art unit:
focusing first on their weaving traditions.
4th grade is starting their
Ancient Chinese art unit and will start with painted hand-scrolls.
5th grade is finishing a themed Elements of Art cube and then will move on to the Hudson River School where they will complete a landscape painting.

If you ordered anything from Original Works, your keepsake items are expected to return back to the school by
December 2nd. I will get your student their products as soon as they come in.

## Help Needed...

Hello, families! At the front office, we have a collection bin for can tabs from a student in the community that will benefit The Ronald McDonald House.

The money from the recycled can tabs will go into their house operation funds, which pays for everything they need to keep the house open and running.

Up to 73 families sleep at the Denver house at any given night, and they also have a house in Aurora that serves up to 45 families.

All the families are far from home and have a child in need of advanced medical treatment!
Please save those can tabs and send them to school with your child!


## MUSIC NOTES...

Students will be coming home with scripts! - PLEASE do not throw these scripts away - they have important information on them, and each student needs to learn their lines (2nd, 4th and 5th) and the words to the songs. I will be emailing these scripts to parents also.

Students may dress-UP the day of their concert (nice clothes no jeans so t-shirts) or wear uniforms. During the evening performance they will also dress-UP.

The night of the concerts the back door to the gym will be open so parents may park BEHIND the school and enter into the gym that way. Seating is first-come, first-serve. The book fair will also be open during the concert starting at 6 pm .

Finally, if your child would like a copy of the music for the program you may send in a blank recordable CD to the school with your child's name on it and I will make a copy. OR, email me and I will try to send the music to you via an MP3 file.

## ALL students are expected to attend, If you are unable to makeit. please contact me and let meknow.

I look forward to a fantastic concert week!! Mrs. McCosh amanda.mccosh@weldre5j.org

## LIBRARY NEWS

Save the date! The Scholastic Book Fair is coming just in time for the holidays. Mark your calendars for December 9th-13th.

The book fair will be open from 7:30 am-3:00 pm, with special hours on the 9th, 10th, 11th, and 13 th starting at 6 pm . Half of the funds raised will benefit KQA's library.

Something new for this years book fair...

## Book Fair eWallet

Give your student a secure, cash-free way to shop the fair. Simply create a free account, preauthorize a spending limit, and have funds immediately available. Use the link above to set up the eWallet starting November 21 -December 5.

Volunteers are also needed, if you are able to help, please contact Mrs. Ortiz at geogina.ortiz@weldre5j.orgor sign up through the link above.

## KQA MUSIC CONCERTS

Monday, December 9th @ 6:30 only - Band/Orchestra \& Show Choir Tuesday, December 10th @ 1:45 \& 6:30 - First/Second Grades

Wednesday, December 11th @ 1:45 \& 6:30 - Fifth Grade Thursday, December 12th @ 1:45 \& 6:30 - Third/Fourth Grades Friday, December 13th @ 9 am ONLY -Kindergarten

## COUNSELOR'S CORNER

## Children Learn What They Live

By Dorothy Law Nolte, Ph.D.

If children live with criticism, they learn to condemn.
If children live with hostility, they learn to fight.
If children live with fear, they learn to be apprehensive.
If children live with pity, they learn to feel sorry for themselves.
If children live with ridicule, they learn to feel shy.
If children live with jealousy, they learn to feel envy.
If children live with shame, they learn to feel guilty.
If children live with encouragement, they learn confidence.
If children live with tolerance, they learn patience.
If children live with praise, they learn appreciation.
If children live with acceptance, they learn to love.
If children live with approval, they learn to like themselves.
If children live with recognition, they learn it is good to have a goal.
If children live with sharing, they learn generosity.
If children live with honesty, they learn truthfulness.
If children live with fairness, they learn justice.
If children live with kindness and consideration, they learn respect.
If children live with security, they learn to have faith in themselves and in those about them. If children live with friendliness, they learn the world is a nice place in which to live.



## Spirit Wear 2019-2020

For pricing and ordering visit:
www.stores.kwshirts.com

KQA Spirit Wear is ONLY available to order during the following dates:

August 14, 2019 - September 4, 2019 November 6, 2019 - November 20, 2019 February 05, 2020 - February 19, 2020

## WELD RE 5J GIFTED EDUCATION

 PRESENTS FIII HIIIIIV IIIUHIT BIFIEDIIESS AII STITESS:
## Guest speaker

Jenny Hecht will provide families with strategies for managing stress


Refreshments will be served

## TUESDAY, NOVEMBER 5•6:30PM ROOSEVELT HIGH SCHOOL <br> CAFETERIA

Parents, teachers, and secondary students may choose to participate with the guest speaker, while younger students/siblings may choose to join in enrichment activities in the RHS Library.

$$
\begin{gathered}
\text { A special thanks to RHS Interact club for } \\
\text { providing supervision. }
\end{gathered}
$$

#  UNDERSTANDING WHAT IS CAUSING STRESS IN OUR GIFTED YOUTH AND HOW TO HELP THEM COPE 

Gifted individuals possess a heightened sensitivity to their surroundings, events, ideas, and expectations. They tend to be more intense, more introspective, and more emotional. Gifted youth are often expected to know it all and be it all. Research on risk and resilience in gifted children shows that gifted individuals possess inherent qualities that may contribute to their resilience. However, they need parents and educators to help them understand their experience and to educate them about stress management skills. Handling stress is a learned skill that needs to be taught and modeled. This workshop will assist participants in developing the confidence and skills to actively teach our gifted youth how to think about and live with stress in a way that is manageable through a helpful combination of coping strategies and life skills.

Jenny Hecht is an LCSW with a passion for supporting the specific social-emotional needs of gifted individuals, particularly the existential dilemma many face beginning at a very young age. She has presented at CAGT, SENG, Beyond Giftedness, PEN Stress and Anxiety Event and other conferences and has been invited to speak in numerous districts around the state of Colorado. She is the owner of Karuna Healing, a private psychotherapy practice, which focuses on strengthening the distress tolerance skills of those whom she works with through mindfulness practice and supportive examination of the thought patterns that are limiting each individual's potential. Visit www.jennyhecht.com for additional info.


## RALLY FOR <br> 

Fri., Nov. 15 - Sun., Nov. 24

IT'S OUR
to help maximize our next donation from AFW!

## BETTER YOUR HOME, BETTER YOUR SCHOOL

Mention our school or ID: KQA394 at Check-Out; 2-4\% of yourpurchase supports our school. -Purchasesany time of the year count too!

